



The Urban Homestead



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Sponsors: We would like to thank the generous support of the following San Diego plant nurseries:

Moosa Creek

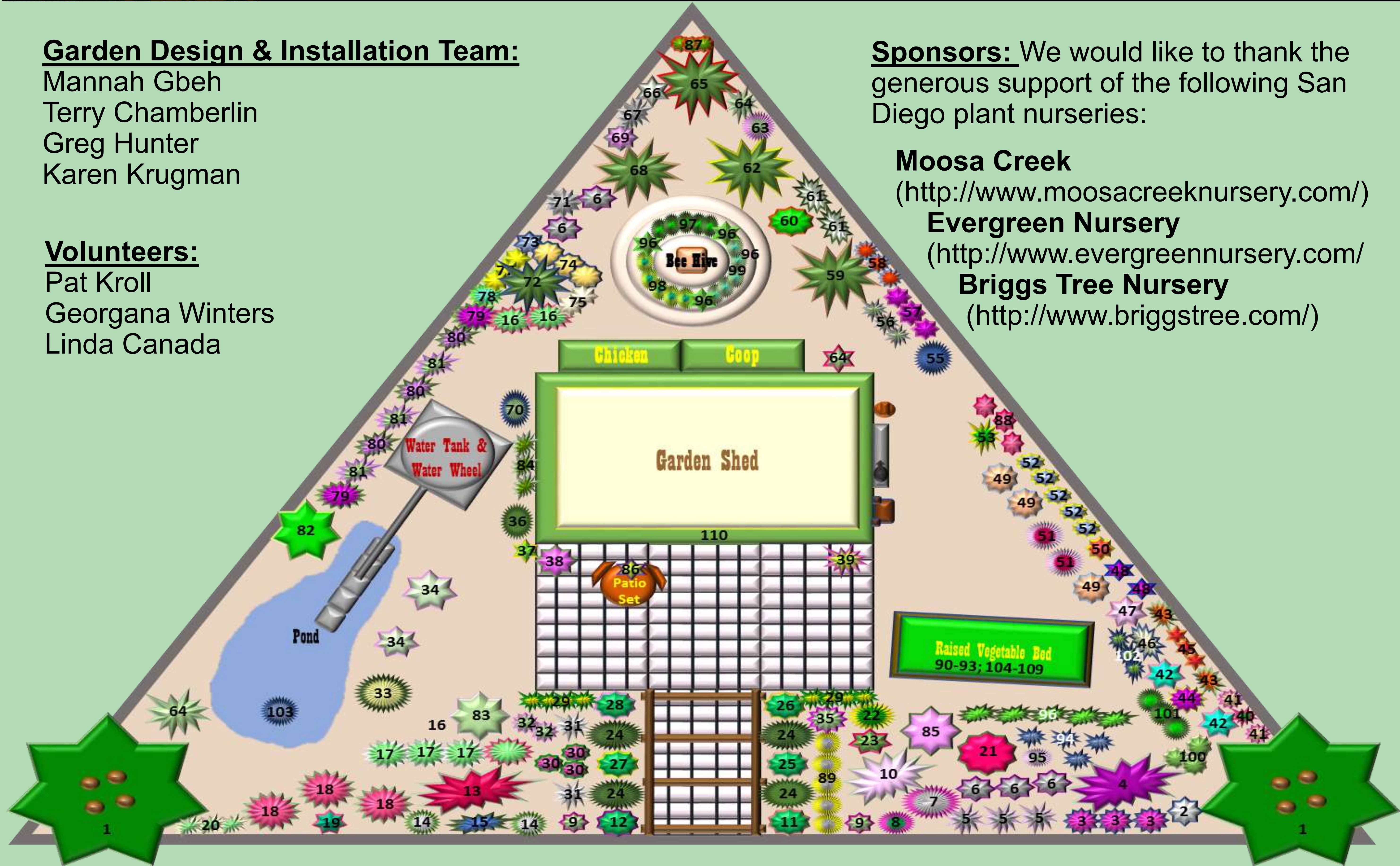
(<http://www.moosacreeknursery.com/>)

Evergreen Nursery

(<http://www.evergreennursery.com/>)

Briggs Tree Nursery

(<http://www.briggstree.com/>)





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In May 1862, the U.S. government signed into law the *Homestead Act* which provided public land grants to small farmers for settlement in the western United States allowing land claims up to 160 acres of federal land. A homesteader's life on the prairie taught the need to learn sustainable practices to provide the basic necessities of life.

Fast forward to the 1960s and the “**Urban Homesteading**” movement which promotes living a simple, purposeful life in a city environment. An “urban homesteader” practices sustainable living through home agricultural production with a goal of reducing environmental impact while increasing self-sufficiency.

Principles of Urban Homesteading

1. Convert as much of your yard to grow organic vegetables, fruit, herbs, nuts.
2. Use of raised planting beds and companion planting help organize and expand crop potential such as the “Three Sisters” interplanting of corn, beans and squash. Check out [Native Seeds/SEARCH](http://www.nativeseeds.org/learn/nss-blog/415-3sisters) website (<http://www.nativeseeds.org/learn/nss-blog/415-3sisters>) for detailed instructions on “Three Sisters” planting.
3. Keep chickens or bees if allowed for your neighborhood. Fresh eggs and honey can help save money or can be sold or bartered. Be sure to check out the City of San Diego website for applicable laws and a zip code search to see if your neighborhood is included.
4. Grow pollinator-friendly flowers to provide sources of pollen and nectar for pollinators such as bees, butterflies and hummingbirds. Attracting pollinators also benefits crop bounty and health.
5. Be mindful of your impact on the environment by following the “3 Rs”: reduce, reuse, recycle.
6. Practice water conservation both in your home and yard. Reduce or remove lawn, grow native and drought tolerate plants, collect rain water in rain barrels. For more local information check out the [San Diego County Water Authority \(sdcwa.org\)](http://sdcwa.org), [Water Smart Landscape \(WaterSmartSD.org\)](http://WaterSmartSD.org), and the [California Native Plant Society \(cnps.org\)](http://cnps.org) and, of course, the [San Diego Horticultural society \(sdhort.org\)](http://sdhort.org).
7. For more information on sustainable practices, check out [The San Diego Sustainable Living Institute \(sdsustainable.org\)](http://sdsustainable.org) who provides courses and workshops on sustainable practices to “...solve global environmental problems through local, backyard, and small farm solutions”.



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ID #	Plant Name	Common Name
1	<i>Schinus molle</i>	California Pepper Tree
2	<i>Salvia</i> 'Bee's Bliss'	Creeping Sage
3	<i>Nepeta species</i>	Catmint
4	<i>Salvia</i> 'Amistad' PP23578	Friendship Sage
5	<i>Stachys lanata</i>	Lamb's Ear
6	<i>Salvia leucophylla</i>	Purple Sage
7	<i>Centaurea gymnocarpa</i>	Velvet Centaurea
8	<i>Pereskia grandifolia</i> var. <i>violacea</i>	Rose Cactus
9	<i>Pelargonium ionidiflorum</i>	Celery Scented Pelargonium
10	<i>Penstemon</i> 'Apple Blossom'	Apple Blossom Penstemon
11	<i>Rosa cultivar</i> 'Jubilee Celebration'	David Austen Old English Shrub Rose 'Jubilee Celebration'
12	<i>Rosa cultivar</i> 'Munstead Wood'	David Austen Old English Rose 'Munstead Wood'
13	<i>Penstemon</i> 'Port Wine'	Port Wine Penstemon
14	<i>Ozothamus diosmifolius</i> 'Pink'	Pink Rice Flower
15	<i>Ceanothus griseus horizontalis</i> 'Yankee Point'	'Yankee Point' Ceanothus
16	<i>Cistus purpureus</i>	Orchid Rockrose
17	<i>Cistus salviifolius</i>	Sage-leaved Rockrose
18	<i>Centranthus ruber</i>	Jupiter's Beard
19	<i>Mimulus aurantiacus</i> Pink 'Trish'	Trish Monkeyflower
20	<i>Heuchera maxima</i> 'Island Alum Root'	Island Alum Root
21	<i>Salvia chiapensis</i>	Chiapensis Sage
22	<i>Phygelius x. rectus</i> 'Yellow Submarine'	Cape Fuchsia Yellow Submarine
23	<i>Lobelia laxiflora</i>	Mexican Lobelia
24	<i>Cupressus pigmaea</i>	Pygmy Cypress
25	<i>Rosa cultivar</i> 'The Lady Gardener'	David Austen Old English Shrub Rose 'The Lady Gardener'
26	<i>Rosa cultivar</i> 'Golden Celebration'	David Austen Old English Shrub Rose 'Golden Celebration'
27	<i>Rosa cultivar</i> 'Charlotte'	David Austen Old English Shrub Rose 'Charlotte'
28	<i>Rosa cultivar</i> 'Heritage'	David Austen Old English Shrub Rose 'Heritage'
29	<i>Calylophus drummondianus</i>	Drummond's Sundrops
30	<i>Scabiosa</i> 'Vivid Violet'	Vivid Violet Pincushion Flower
31	<i>Stachys</i> 'Bella Grigio'	Bella Grigio Lamb's Ear
32	<i>Scabiosa</i> 'Pink Mist'	Dwarf Pink Mist Pincushion Flower
33	<i>Phlomis fruticosa</i>	Jerusalem Sage
34	<i>Salvia canariensis</i>	Canary Island Sage
35	<i>Justicia carnea</i>	Jacobinia or Flamingo Plant
36	<i>Cupressus forbesii</i>	Tecate Cypress
37	<i>Agave shawii</i>	Coastal Agave or Shaw's Agave
38	<i>Penstemon spectabilis</i>	Showy or Royal Penstemon
39	<i>Phlomis purpurea</i>	Purple Phlomis
40	<i>Veronica spicata</i> 'Red Fox'	Red Fox Spike Speedwell
41	<i>Rehmannia elata</i>	Chinese Foxglove
42	<i>Cistus</i> 'Victor Reiter'	Victor Reiter Rockrose
43	<i>Gaillardia x grandiflora</i> MESA™ Bright Bicolor	MESA™ Bright Bicolor Gaillardia
44	<i>Verbena bonariensis</i>	Purpletop Verbena
45	<i>Salvia spathacea</i>	Hummingbird Sage
46	<i>Pavonia praemorsa</i>	Yellow Mallow
47	<i>Salvia x jamensis</i> Autumn Sage 'Shell Dancer'	Shell Dancer Sage
48	<i>Salvia guaranitica</i> 'Black & Bloom'	Anise Sage
49	<i>Asclepias curassavica</i> 'Silky Gold'	Silky Gold Milkweed
50	<i>Asclepias curassavica</i> 'Monarch Promise'	Monarch Promise Milkweed
51	<i>Asclepias curassavica</i> 'Red Butterflies'	Red Butterflies Milkweed
52	<i>Penstemon heterophyllus</i> 'Margarita BOP'	Foothill or Mountain Penstemon
53	<i>Anisodonteia hypomandarum</i> 'Elegant Lady'	Elegant Lady Cape Mallow
54	<i>Mimulus aurantiacus</i> Red Monkey Flower	Red Monkey Flower
55	<i>Leymus condosatus</i> 'Canyon Prince'	Canyon Prince Gian Wild Rice

ID #	Plant Name	Common Name
56	<i>Eriodictyon crassifolium</i>	Thick Leaved Yerba Santa
57	<i>Verbena lilacina</i> 'De La Mina'	Purple Cedros Island Verbena
58	<i>Juncus patens</i>	California Gray Rush
59	<i>Malus domestica</i> 'Fuji'	Fuji Apple
60	<i>Arctostaphylos hookeri</i> ssp. <i>franciscana</i>	Franciscan Manzanita
61	<i>Eriogonum arborescens</i>	Santa Cruz Island Buckwheat
62	<i>Pyrus pyrifolia</i> 'Nijisseiki'	20 th Century Asian Pear Fruit Tree
63	<i>Eriogonum fasciculatum</i>	'Dana Point' Buckwheat
64	<i>Heteromeles arbutifolia</i>	Toyon/California Holly
65	<i>Punica granatum</i> 'Eversweet'	Granada Pomegranate
66	<i>Chamelaucium</i> 'Matilda'; PP20,816	Bicolor Wax Flower
67	<i>Salvia clevelandii</i> 'Alpine'	Alpine Sage
68	<i>Prunus armeniaca</i> 'Katy'	Katy' Apricot
69	<i>Lessingia filaginifolia</i> 'Silver Carpet' California Aster	Silver Carpet Beach Aster
70	<i>Cedrus deodara</i> 'Feeling Blue'	Feeling Blue' Deodar Cedar
71	<i>Eriogonum cinereum</i>	Ashy Leaf Buckwheat
72	<i>Elaeocarpus decipiens</i>	Japanese Blueberry Tree
73	<i>Salvia</i> 'Dara's Choice'	Dara's Choice Creeping Sage Hybrid
74	<i>Lupinus arboreus</i>	Yellow Bush Lupine
75	<i>Asclepias fascicularis</i>	Narrowleaf Milkweed
76	<i>Salvia clevelandii</i> 'Winnifred Gilman'	Winnifred Gilman Sage
77	<i>Helianthemum scoparium</i>	Sun Rose
78	<i>Baileya multiradiata</i>	Desert Marigold
79	<i>Cistus skanbergii</i>	Pink Rockrose
80	<i>Lavandula x intermedia</i> PHENOMENAL™ 'Niko'	Phenomenal Niko Lavender
81	<i>Lavandula dentata</i>	French Lavender
82	<i>Cercidium hybrid</i> 'Desert Museum'	Palo Verde 'Desert Museum'
83	<i>Rosa</i> 'Banshee' Damask Rose	Niko Phenomenal Lavender
84	<i>Nassella pulchra</i>	Purple Needlegrass
85	<i>Rosa rugosa</i>	Rugosa Rose
86	<i>Vitis vinifera</i> Pixie Grapes 'Pinot Meunier Purple'	Pinot Meunier Purple Pixie Grapes
87	<i>Galvezia speciose</i> 'Boca Rosa'	Boca Rosa Snapdragon
88	<i>Pelagornium zonale</i> 'Mrs. Pollock'	Mrs. Pollock Horseshoe Geranium
89	<i>Achillea</i> 'Moonshine'	Moonshine Yarrow
90	<i>Helianthus annuus</i>	Sunflower Elves Blend
91	<i>Solanum lycopersicum</i> 'Perth Pride'	Perth Pride Super Dwarf Tomato
92	<i>Solanum lycopersicum</i> 'Boronia'	'Boronia' Super Dwarf Tomato
93	<i>Solanum lycopersicum</i> 'Iditarod Red'	'Iditarod Red' Super Dwarf Tomato
94	<i>Fragaria californica</i>	Woodland Strawberry
95	<i>Mentha spicata</i>	Sweet Mint
96	<i>Origanum x majoricum</i>	Italian Oregano
97	<i>Thymus citriodorus</i>	Lemon Thyme
98	<i>Thymus citriodorus</i> 'Aureus'	Golden Thyme
99	<i>Thymus pseudolanuginosus</i>	Woolley Thyme
100	<i>Petroselinum crispum</i>	Curley Parsley
101	<i>Ocimum basilicum</i>	Sweet Basil
102	<i>Polygonum odoratum</i>	Vietnamese Coriander
103	<i>Nymphaea hybrid</i> 'Tina'	Tina Water Lily
104	<i>Capsicum annuum</i> 'Black Cobra'	Black Cobra Pepper
105	<i>Capsicum annuum</i> 'Golden Bell'	Golden Bell Pepper
106	<i>Capsicum annuum</i> 'Pequin'	Pequin Pepper
107	<i>Cucurbita argyrosperma</i>	Tohono O'odham Ha:l Squash
108	<i>Zea mays</i> 'Earth Tones Dent'	Earth Tones Dent Corn
109	<i>Phaseolus vulgaris</i> 'Tarahumara Ojo de Cabra'	'Tarahumara Ojo de Cabra Pole Beans
110	Various succulents	



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IN SUPPORT OF SOLITARY BEES

90% of bees are actually solitary bees that do not live in a hive or make honey.

Crownbees is one commercial source that makes 'Bee Houses' such as the one in the garden exhibit and as shown below.

Crownbees' website provides information on what you can do in support of solitary bees!



www.crownbees.com

About San Diego Horticultural Society

Monthly Meetings

Be inspired & learn at monthly meetings, held at the Congregation Beth Israel in UTC area, featuring horticulture experts and best-selling authors. Parking is FREE.

Newsletter

Our monthly newsletter, *Let's Talk Plants*, is available online. Read informative articles about upcoming events, plant descriptions, local gardening, book reviews, and more.

Garden Tours

Our spring garden tour features exceptional private gardens in a different area of San Diego each year. We also host a special members-only visit to beautiful local gardens or specialty nurseries. Join us on a bi-annual out-of-town tour to horticultural hotspots.

Website

Visit sdhort.org to find out the latest Society information. Members can sign up for events only, renew their membership, volunteer, or read current and past newsletters.

Join Online Today at sdhort.org

CROWNBEES LEARN NATIVE BEES

ALTERNATIVE TO HONEY BEES

Hive-less solitary bees, like the spring mason and summer leafcutter bee, are gentle, easy to raise and are amazing pollinators. Most people are familiar with their European honey bee cousin, but there are major differences between these incredible insects:

- Hive-less solitary bees have no hive to defend, which makes them gentle & non-aggressive. They do not induce anaphylactic shock and they rarely sting.
- They pollinate up to 100 times more effectively than honey bees. Solitary bees are short-range flyers at 300 feet, where honey bees have a range of over 3 miles.
- They do not make honey to feed a hive, instead they raise their young in nesting holes that feed on pollen.
- They are easily raised by anyone and require far less maintenance than honey bees, not to mention, they are fun for kids and adults!
- They are unable to become invasive because they are already native to North America.



Spring Mason Bee



Summer Leafcutter Bee

HIVE-LESS BEE HOUSES SUPPORT BEE DIVERSITY

Relying only on the honey bee for pollination is risky and not sustainable. Alternative pollinators provide security for farmers and rejuvenate nature's potential.

Plants also benefit from diversified pollination. They grow fruit that are more uniform, grow larger, and are more nutritious. Many flowers have to be visited by pollinators repeatedly in order to produce fruit at all.

Raising native bees improves habitat for hundreds of wild hole-nesting bee species too, safeguarding their population for the future.

WWW.CROWNBEES.COM