

The Urban Homestead



Let's Talk Plants!

sdhort.org

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Sponsors: We would like to thank the generous support of the following San Diego plant nurseries:

Moosa Creek

(<http://www.moosacreeknursery.com/>)

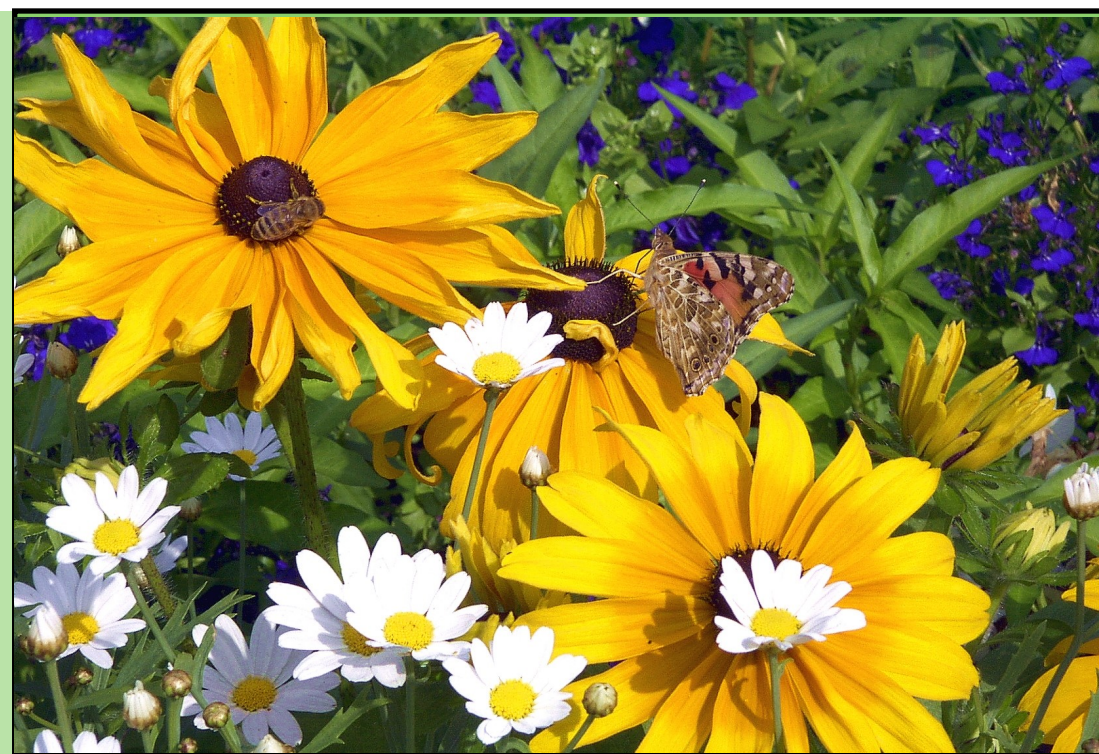
Evergreen Nursery

(<http://www.evergreennursery.com/>)

Briggs Tree Nursery

(<http://www.briggstree.com/>)





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In May 1862, the U.S. government signed into law the *Homestead Act* which provided public land grants to small farmers for settlement in the western United States allowing land claims up to 160 acres of federal land. A homesteader's life on the prairie taught the need to learn sustainable practices to provide the basic necessities of life.

Fast forward to the 1960s and the “**Urban Homesteading**” movement which promotes living a simple, purposeful life in a city environment. An “urban homesteader” practices sustainable living through home agricultural production with a goal of reducing environmental impact while increasing self-sufficiency.

Principles of Urban Homesteading

1. Convert as much of your yard to grow organic vegetables, fruit, herbs, nuts.
2. Use of raised planting beds and companion planting help organize and expand crop potential such as the “Three Sisters” interplanting of corn, beans and squash. Check out **Native Seeds/SEARCH** website (<http://www.nativeseeds.org/learn/nss-blog/415-3sisters>) for detailed instructions on “Three Sisters” planting.
3. Keep chickens or bees if allowed for your neighborhood. Fresh eggs and honey can help save money or can be sold or bartered. Be sure to check out the City of San Diego website for applicable laws and a zip code search to see if your neighborhood is included.
4. Grow pollinator-friendly flowers to provide sources of pollen and nectar for pollinators such as bees, butterflies and hummingbirds. Attracting pollinators also benefits crop bounty and health.
5. Be mindful of your impact on the environment by following the “3 Rs”: reduce, reuse, recycle.
6. Practice water conservation both in your home and yard. Reduce or remove lawn, grow native and drought tolerate plants, collect rain water in rain barrels. For more local information check out the [San Diego County Water Authority \(sdcwa.org\)](http://sdcwa.org), [Water Smart Landscape \(WaterSmartSD.org\)](http://WaterSmartSD.org), and the [California Native Plant Society \(cnps.org\)](http://cnps.org).
7. For more information on sustainable practices, check out [The San Diego Sustainable Living Institute \(sdsustainable.org\)](http://sdsustainable.org) who provides courses and workshops on sustainable practices to “...solve global environmental problems through local, backyard, and small farm solutions.”.



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ID #	Plant Name	Common Name
1	Schinus molle	California Pepper Tree
2	Salvia 'Bee's Bliss'	Creeping Sage
3	Nepeta species	Catmint
4	Salvia 'Amistad' PP23578	Friendship Sage
5	Stachys lanata	Lamb's Ear
6	Salvia leucophylla	Purple Sage
7	Centaurea gymnocarpa	Velvet Centaurea
8	Pereskia grandifolia var. violacea	Rose Cactus
9	Pelargonium ionidiflorum	Celery Scented Pelargonium
10	Penstemon 'Apple Blossom'	Apple Blossom Penstemon
11	Rosa cultivar 'Jubilee Celebration'	David Austen Old English Shrub Rose 'Jubilee Celebration'
12	Rosa cultivar 'Munstead Wood'	David Austen Old English Rose 'Munstead Wood'
13	Penstemon 'Port Wine'	Port Wine Penstemon
14	Ozothamus diosmifolius 'Pink'	Pink Rice Flower
15	Ceanothus griseus horizontalis 'Yankee Point'	'Yankee Point' Ceanothus
16	Cistus purpureus	Orchid Rockrose
17	Cistus salvifolius	Sage-leaved Rockrose
18	Centranthus ruber	Jupiter's Beard
19	Mimulus aurantiacus Pink 'Trish'	Trish Monkeyflower
20	Heuchera maxima 'Island Alum Root'	Island Alum Root
21	Salvia chiapensis	Chiapensis Sage
22	Phygelius x. rectus 'Yellow Submarine'	Cape Fuchsia Yellow Submarine
23	Lobelia laxiflora	Mexican Lobelia
24	Cupressus pigmaea	Pygmy Cypress
25	Rosa cultivar 'The Lady Gardener'	David Austen Old English Shrub Rose 'The Lady Gardener'
26	Rosa cultivar 'Golden Celebration'	David Austen Old English Shrub Rose 'Golden Celebration'
27	Rosa cultivar 'Charlotte'	David Austen Old English Shrub Rose 'Charlotte'
28	Rosa cultivar 'Heritage'	David Austen Old English Shrub Rose 'Heritage'
29	Calylophus drummondianus	Drummond's Sundrops
30	Scabiosa 'Vivid Violet'	Vivid Violet Pincushion Flower
31	Stachys 'Bella Grigio'	Bella Grigio Lamb's Ear
32	Scabiosa 'Pink Mist'	Dwarf Pink Mist Pincushion Flower
33	Phlomis fruticosa	Jerusalem Sage
34	Salvia canariensis	Canary Island Sage
35	Justicia carnea	Jacobinia or Flamingo Plant
36	Cupressus forbesii	Tecate Cypress
37	Agave shawii	Coastal Agave or Shaw's Agave
38	Penstemon spectabilis	Showy or Royal Penstemon
39	Phlomis purpurea	Purple Phlomis
40	Veronica spicata 'Red Fox'	Red Fox Spike Speedwell
41	Rehmannia elata	Chinese Foxglove
42	Cistus 'Victor Reiter'	Victor Reiter Rockrose
43	Gaillardia x grandiflora MESA™ Bright Bicolor	MESA™ Bright Bicolor Gaillardia
44	Verbena bonariensis	Purpletop Verbena
45	Salvia spathacea	Hummingbird Sage
46	Pavonia praemorsa	Yellow Mallow
47	Salvia x jamensis Autumn Sage 'Shell Dancer'	Shell Dancer Sage
48	Salvia guaranitica 'Black & Bloom'	Anise Sage
49	Asclepias curassavica 'Silky Gold'	Silky Gold Milkweed
50	Asclepias curassavica 'Monarch Promise'	Monarch Promise Milkweed
51	Asclepias curassavica 'Red Butterflies'	Red Butterflies Milkweed
52	Penstemon heterophyllus 'Margarita BOP'	Foothill or Mountain Penstemon
53	Anisodontea hypomandarum 'Elegant Lady'	Elegant Lady Cape Mallow
54	Mimulus aurantiacus Red Monkey Flower	Red Monkey Flower
55	Leymus condesatus 'Canyon Prince'	Canyon Prince Gian Wild Rice

ID #	Plant Name	Common Name
56	Eriodictyon crassifolium	Thick Leaved Yerba Santa
57	Verbena lilacina 'De La Mina'	Purple Cedros Island Verbena
58	Juncus patens	California Gray Rush
59	Malus domestica 'Fuji'	Fuji Apple
60	Arctostaphylos hookeri ssp. franciscana	Franciscan Manzanita
61	Eriogonum arborescens	Santa Cruz Island Buckwheat
62	Pyrus pyrifolia 'Nijisseiki'	20 th Century Asian Pear Fruit Tree
63	Eriogonum fasciculatum	'Dana Point' Buckwheat
64	Heteromeles arbutifolia	Toyon/California Holly
65	Punica granatum 'Eversweet'	Granada Pomegranate
66	Chamelaucium 'Matilda; PP20,816	Bicolor Wax Flower
67	Salvia clevelandii 'Alpine'	Alpine Sage
68	Prunus armeniaca 'Katy'	Katy' Apricot
69	Lessingia filaginifolia 'Silver Carpet' California Aster	Silver Carpet Beach Aster
70	Cedrus deodara 'Feeling Blue'	Feeling Blue' Deodar Cedar
71	Eriogonum cinereum	Ashy Leaf Buckwheat
72	Elaeocarpus decipiens	Japanese Blueberry Tree
73	Salvia 'Dara's Choice'	Dara's Choice Creeping Sage Hybrid
74	Lupinus arboreus	Yellow Bush Lupine
75	Asclepias fascicularis	Narrowleaf Milkweed
76	Salvia clevelandii 'Winnifred Gilman'	Winnifred Gilman Sage
77	Helianthemum scoparium	Sun Rose
78	Baileya multiradiata	Desert Marigold
79	Cistus skanbergii	Pink Rockrose
80	Lavandula x intermedia PHENOMENAL™ 'Niko'	Phenomenal Niko Lavender
81	Lavandula dentata	French Lavender
82	Cercidium hybrid 'Desert Museum'	Palo Verde 'Desert Museum'
83	Rosa 'Banshee' Damask Rose	Niko Phenomenal Lavender
84	Nassella pulchra	Purple Needlegrass
85	Rosa rugosa	Rugosa Rose
86	Vitis vinifera Pixie Grapes 'Pinot Meunier Purple'	Pinot Meunier Purple Pixie Grapes
87	Galvezia speciose 'Boca Rosa'	Boca Rosa Snapdragon
88	Pelargonium zonale 'Mrs. Pollock'	Mrs. Pollock Horseshoe Geranium
89	Achillea 'Moonshine'	Moonshine Yarrow
90	Helianthus annuus	Sunflower Elves Blend
91	Solanum lycopersicum 'Perth Pride'	Perth Pride Super Dwarf Tomato
92	Solanum lycopersicum 'Boronia'	'Boronia' Super Dwarf Tomato
93	Solanum lycopersicum 'Iditarod Red'	'Iditarod Red' Super Dwarf Tomato
94	Fragaria californica	Woodland Strawberry
95	Mentha spicata	Sweet Mint
96	Origanum x majoricum	Italian Oregano
97	Thymus citriodorus	Lemon Thyme
98	Thymus citriodorus 'Aureus'	Golden Thyme
99	Thymus pseudolanuginosus	Woolley Thyme
100	Petroselinum crispum	Curley Parsley
101	Ocimum basilicum	Sweet Basil
102	Polygonum odoratum	Vietnamese Coriander
103	Nymphaea hybrid 'Tina'	Tina Water Lily
104	Capsicum annuum 'Black Cobra'	Black Cobra Pepper
105	Capsicum annuum 'Golden Bell'	Golden Bell Pepper
106	Capsicum annuum 'Pequin'	Pequin Pepper
107	Cucurbita argyrosperma	Tohono O'odham Ha:l Squash
108	Zea mays 'Earth Tones Dent'	Earth Tones Dent Corn
109	Phaseolus vulgaris 'Tarahumara Ojo de Cabra'	'Tarahumara Ojo de Cabra Pole Beans
110	Various succulents	



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IN SUPPORT OF SOLITARY BEES

90% of bees are actually solitary bees that do not live in a hive or make honey.

Crownbees is one commercial source that makes 'Bee Houses' such as the one in the garden exhibit and as shown below.

Crownbees' website provides information on what you can do in support of solitary bees!

www.crownbees.com



CROWNBEES LEARN NATIVE BEES

ALTERNATIVE TO HONEY BEES

Hive-less solitary bees, like the spring mason and summer leafcutter bee, are gentle, easy to raise and are amazing pollinators. Most people are familiar with their European honey bee cousin, but there are major differences between these incredible insects:

- Hive-less solitary bees have no hive to defend, which makes them gentle & non-aggressive. They do not induce anaphylactic shock and they rarely sting.
- They pollinate up to 100 times more effectively than honey bees. Solitary bees are short-range flyers at 300 feet, where honey bees have a range of over 3 miles.
- They do not make honey to feed a hive, instead they raise their young in nesting holes that feed on pollen.
- They are easily raised by anyone and require far less maintenance than honey bees, not to mention, they are fun for kids and adults!
- They are unable to become invasive because they are already native to North America.



Spring Mason Bee



Summer Leafcutter Bee

HIVE-LESS BEE HOUSES SUPPORT BEE DIVERSITY

Relying only on the honey bee for pollination is risky and not sustainable. Alternative pollinators provide security for farmers and rejuvenate nature's potential.

Plants also benefit from diversified pollination. They grow fruit that are more uniform, grow larger, and are more nutritious. Many flowers have to be visited by pollinators repeatedly in order to produce fruit at all.

Raising native bees improves habitat for hundreds of wild hole-nesting bee species too, safeguarding their population for the future.

WWW.CROWNBEES.COM